Bracing Checklist

In order to process your bracing order in a timely manner and before you will receive your brace, we require the following documents:

1. A prescription from your doctor that states the specific type of brace you need, along with a valid diagnosis (see following examples):
   a. For the Back
      — Lumbar Support
      — Lumbar Corset
      — LSO (Lumbar Sacral Orthosis)
      — TLSO
   b. For the Knee
      — Stabilizing Knee Support
      — Hinged Knee Brace
      — OA/Ligament Brace

2. Face-to-Face notes from a doctor’s visit (within 6 months) indicating that the doctor is treating you for a medical condition that requires a brace. The doctor must indicate in your medical record notes WHY you need the specific type of brace prescribed. The notes should reflect the following information:
   a. Is the brace supposed to reduce pain by limiting mobility of the back, knee or other affected area?
   b. Is the brace being used to facilitate healing following an injury to the back, knee or other affected area?
   c. Has physical therapy been tried and completed within the last 12 months?
   d. Have there been any injections used to relieve the affected area?
   e. Have other types of more basic “off-the-shelf” bracing been trialed up to this point?

Please note: some insurance plans require that you start with a more basic style of brace before obtaining a higher-end version. (For example: Lumbar Corset vs LSO back brace; or Hinged Knee brace vs OA/Ligament knee brace).

3. Processing Time:
   a. The average time for obtaining all paperwork and insurance prior authorizations is 1-2 weeks.
   b. Home Care Medical will contact you regarding the coverage criteria of your particular brace.
   c. To serve you better, please email us at HCMRetail@hcmedical.com.

4. Private Pay Options
   If you wish to avoid insurance restrictions required for your brace, Home Care Medical can expedite your request with our Private Pay Option plan at a discounted rate. Please see a Personal Care Consultant at one of our Retail Stores for more information.

Milwaukee Retail Store
4818 South 76th Street
Ph 414.423.8800
Fax 414.423.8897

Sheboygan Retail Store
2922 South Business Drive
Ph 920.458.5768
Fax 920.458.5791

West Bend Retail Store
1709 South 18th Avenue
Ph 262.957.5501
Fax 262.334.3167

Corporate Headquarters
Ph 262.786.9870
www.homecaremedical.com